CHANGE IS GOOD

Looking back, we know that we’ve become who we are today because of generous support from people like you. After 46 years, we feel privileged to have experienced so much growth. We want you to know that although things are changing, we are still – and always will be – focused on the needs of our community and how we can best be of service.

Since we first opened our doors in 1967 we’ve gone from being a tiny drug treatment center on Paoakalani Street in Waikiki to a family of service sites around Oahu, providing an extensive range of medical care and social services.

This year, to reflect our growth, we’re proud to introduce our new name – Waikiki Health – and the new look that captures who we are today. You’ll begin to see our new logo and updated designs on everything from this newsletter to our website. **continued on page 4**

TRANSFORMING LIVES, GIVING OUR YOUTH A CHANCE

For the first time, a young man feels valued - that he is achieving something. Christian is dedicated, excited for the future and yearning to know more. He finds a hot meal and trusted guidance along with friendly faces at our Youth Outreach (YO) program in Waikiki. Yet it hasn’t always been this way. Christian knows what it’s like to feel hopeless and alone. “YO kept me alive when I had no one...they took care of me and I appreciate them. When you’re homeless and have no family, it’s nice to be somewhere you feel totally welcome, where no one looks at you sideways.”

Now more than ever, Christian has a clear vision for his future. Thanks is due in part to a recent partnership between our YO program and Kupu, an organization built on the premise of empowering Hawaii’s youth through service to their communities. “The resources at your fingertips are endless. Everyone here at YO wants you to have a successful future and lifestyle. They value you for who you are.” **continued on page 3**

**While serving so many in the community...**

We provided 37,136 primary care visits agency-wide to:

- 9,315 patients, of whom
- 72% (6,681) had low incomes or were living at or below federal poverty level and
- 41% (3,808) were homeless
Not everyone – particularly those who are uninsured, have low incomes or are homeless – can see a dentist when they need one, or get regular dental care.

That’s why Waikiki Health is establishing Makahiki Clinic, which will provide Dental Services to anyone in need of affordable, quality care, from keiki to kupuna. “Oral health is a vital component of overall health,” Sheila Beckham, RD, MPH, the agency’s Chief Executive Officer, said. “Those with poor oral health are at greater risk for cardiovascular disease, stroke, diabetes, and other conditions. Providing preventive dental services at Makahiki Clinic will help our patients stay healthy and improve their quality of life.”

The new clinic also will provide a home for our expansion of Primary Care and Behavioral Health services. Start-up of the new clinic can’t come soon enough for the patients and staff at the Ohua Clinic, our busiest medical facility. About five patients a day are turned away for lack of space. Makahiki Clinic is located at 935 Makahiki Way in McCully-Moiliili (off S. King Street between Moiliili Library and Old Stadium Park). The clinic will begin taking appointments later this year.

The new clinic is already providing a service to agency clients: employment. Participants in the Next Step Shelter’s Job Training Program formed a maintenance crew that cleans the three-story facility every morning at 6 a.m. Members of the maintenance team are paid for their work, while gaining on-the-job experience.

Your support has helped us grow and ensure that no one in our island community goes without vital health or oral health services. Mahalo.
TRANSFORMING LIVES, GIVING OUR YOUTH A CHANCE

continued from page 1

Christian has learned to nurture himself as well as the landscape around him, and for the first time ever, he has graduated from something. He is one of five Youth Outreach teens who participated in and graduated from Kupu’s eight-week environmental stewardship program.

We are so proud of Christian and all the other YO graduates. Since graduating Christian told us, “I would take the plants home and care for them. I would do extra research and I would come in early and ask questions. They gave me the Overall Outstanding Award the night of the graduation and it felt amazing to be recognized.”

Christian was just hired as a full-time staff member at Kupu and is in awe of everything that has just happened for him. Without you, Youth Outreach couldn’t provide our homeless young people these opportunities. Your support makes it possible for our island’s under-served youth, like Christian, to build a better life. Christian is just one example of how far your support of Waikiki Health can go – all the way from hopeless to hopeful.

SEND YOUR SUPPORT

Help provide accessible, affordable health care to those in need. Mail this completed form with your donation.

Donations may also be made through our website: waikikihealth.org/donation

MAHALO!

HELPING HAWAII’S HOMELESS YOUTH

In 2012, Youth Outreach provided:

- Drop-in services to 3,761 underserved youth
- 3,761 hot meals
- 2,505 outreach encounters and
- 383 medical visits

To provide help at Youth Outreach please email Carla Houser at: chouser@waikikihealth.org

I SUPPORT WAIKIKI HEALTH WITH A GIFT IN THE AMOUNT OF:

- $25
- $50
- $100
- $250
- $ Other: ___________________________

- An additional gift of $_______ specifically designated for the Makahiki Clinic

Name __________________________________________

Address ____________________________________________________________________________

City __________________________ State __________ Zip ______________

Phone Number ______________ E-mail ____________________________

To donate by credit card, please complete the following: □ Visa □ Mastercard

Card Number __________________________

Name on Card __________________________

Signature __________________________

Please make checks payable to Waikiki Health. Mail to: Waikiki Health, 277 Ohua Avenue, Honolulu, HI 96815
We collaborated with employees, board members, volunteers, patients, and supporters to learn how we’re viewed by our community. Many of you described us as compassionate, sincere, inclusive and strong. These themes have been incorporated into our logo, and serve as the foundation of how we do our work and how we interact with others. This is what Waikiki Health means to us, and we hope – to you.

This year we’re continuing to expand our services by offering primary medical care at our Next Step shelter in Kaka‘ako, taking part in a national initiative to become a “patient-centered medical home,” and opening our newest site, the Makahiki Clinic, which will house expanded primary care services and establish our first-ever dental clinic.

We look forward to sharing the good work we will be doing this year and beyond. Thank you for making Waikiki Health what it is today – and for all the support you have provided over the years.
Peter and Rosanna Hsi touched the hearts of many while helping our homeless stay warm. The cold, windy, rainy February weather inspired them to donate 300 blankets to Waikiki Health’s Care-A-Van (CAV) program. CAV is our drop-in center in Kaimuki that offers medical and social services to the homeless.

This is not new for Peter and Rosanna; last year they joined us at the Next Step Shelter and did the same thing, “I feel for them (the homeless) out there at night,” shared Rosanna. It’s caring people like you and the Hsi’s that make a difference in our community. Thank you Rosanna and Peter, we appreciate your generosity.

Jan Montgomery became a patient of Waikiki Health more than eight years ago. The expert care she receives from Dr. Elliot Kalauawa at our Ohua Clinic inspires her dedication to our mission. Jan suffers from chronic health issues, but at Waikiki Health, she has found her healthcare home.

Now retired, Jan ran a successful consulting business specializing in and advocating for non-profit organizations serving the chronically ill, people with HIV and low-income children and seniors. Jan was the Project Director for a large-scale HIV campaign in San Francisco called “Stand Up and Be Counted..A Great City Responds to Aids.” a collaborative effort between the San Francisco Symphony, Ballet and Opera to raise funds and awareness.

Jan adds tremendously to our Board, taking on the role of Development Committee Chair. She feels strongly about sharing our message that, “Waikiki Health is an island-wide organization and there simply is not a life we do not touch.” As a board member, she feels that she gets back so much more than she would ever be able to give.

Get Your Group Involved
Businesses, faith-based organizations, community service groups — it takes us all working together to make a lasting difference.

Let us know you’re ready to partner for change:
information@waikikihealth.org

Social Media Corner
“Like”, “tweet” or “follow us” on these social media sites for weekly wellness tips and the latest news from Waikiki Health!

Facebook
facebook.com/waikikihealth

Twitter
@waikikihealth

Instagram
@waikikihealth
TRANSFORMING THE LIVES OF YOUTH, DONORS GETTING INVOLVED, ADDING DENTAL AND EXPANDING MEDICAL SERVICES

...through your generosity, we’re changing for the better. Read about our new name, look and logo, learn how many more lives will be touched through our new Makahiki clinic, and become inspired by one teen’s success with our Youth Outreach program.

AND DON’T FORGET ABOUT THESE GREAT WAYS TO HELP!

Volunteer - make a difference together!
Gather friends, family or your group to organize a donation drive or prepare a meal for our Youth Outreach (YO) kids. (Read about YO on pg. 1)

Become a Wiki Wiki monthly donor
Make a difference and save on postage costs through automatic monthly contributions from your credit card or checking account.

Donate Online
Donate now through the secure form on our website: www.waikikihealth.org.

For more information about these or other ways to help, send the completed form (see page 3) or contact our Marketing & Development Department by e-mail (information@waikikihealth.org) or phone (808.922.4788).

46 years and still going strong!