People Care

Making Big Impacts in Little Lives

Expanded pediatric care at the PATH Clinic helps families in need

We’re helping some of our tiniest patients yet. With your contributions, we now offer more medical services for children, from newborns to adolescents. Adrenia is one of our newest patients. Born in January, Adrenia is a happy, healthy baby and the daughter of proud Cidney.

But Cidney wasn’t always the confident, cheerful mother you would meet today. When we met her a few months ago, Cidney felt alone and scared. She was living in a tent on the street, homeless and pregnant.

During an outreach trip, our Care-A-Van staff offered Cidney food and showed her genuine compassion. They talked to Cidney about the importance of prenatal medical care for her and her baby. They told her about the comfortable, home-like setting and friendly, non-judgmental staff at our PATH Clinic. Cidney agreed to receive care and was picked up three days later for her appointment, but not without hesitation.

“I tried to stall or come up with some excuses not to go. But that would have been so embarrassing,” explains Cidney. Although it may be hard to understand, Cidney felt ashamed. She was concerned the doctor would treat her with the same ridicule she faced everyday. Yet she didn’t regret her decision, “I found out I was having a girl!”

Cidney’s apprehension is shared by other pregnant women who are too quickly judged and mistreated for their struggles with homelessness or addiction.

Cidney is making strides to improve life for her and Adrenia. Baby Adrenia is one of our newest patients receiving medical care at the PATH Clinic.

Big Impacts is continued on page 5

Thinking Ahead: One Smile at a Time

Dental care is urgently needed in Hawaii, especially for children

“There are too many children and adults going without proper dental care. They aren’t being given the opportunity to be healthy,” clarifies Sheila Beckham, RD, MPH.

As Chief Executive Officer of Waikiki Health Center, Sheila knows the community is hindered by insufficient dental treatment and education. “Oral health significantly impacts overall health. So many people are suffering because they can’t afford services or find a dentist who will accept them as patients.”

Thinking Ahead is continued on page 3

Mahalo!

Waikiki Health Center provided nearly 32,000 medical visits in 2011.

We are grateful for your ongoing support!
How to Help

CLEAN UP FOR SPRING
Sort through clothing and household goods. Donate gently used items to make a difference in the lives of those in need.

We keep wish lists updated as needs arise. Find out what new or gently used items are currently in need by visiting our website.

waikikihc.org/WishLists

Did you know?
Of our 8,727 patients in 2011,
49% were homeless,
69% were underserved (with Medicaid, Medicare or no insurance), and
72% were low-income.

...disadvantaged groups, such as these, are at greatest risk for unmet oral health needs. Insufficient care is linked to increased medical costs and decreased overall health.

\[\text{Keiki Wish List}\]
Help provide for healthy homes and families

In-kind donations of clothing and items for babies and children are always in need. The following are some of the small items that make a big difference for the families receiving services from the PATH Clinic and Next Step Project homeless shelter.

- Diapers
- Baby wipes
- Baby clothes
- Breast pads & pumps
- Strollers – single and double
- Infant car seats
- Baby carriers
- Children’s books
- Children’s toys (kitchen play sets, musical instruments, play-doh, doll houses, tool sets, etc.)
- Coloring books
- Markers & crayons

Mahalo for your generosity!

Learn About Lester Kaneta

- BOARD MEMBER SINCE 2011
- DONOR SINCE 2006
- PRESIDENT, KANETA FOUNDATION

Lester takes a proactive, hands-on approach to helping his community. His inspiring passion for youth and homeless populations was apparent through his first donation – specified to help the homeless youth receiving services at our Youth Outreach (YO) program. Lester has been a tremendous contributor ever since.

Taking his support to the next level, Lester joined our board of directors last year. But he didn’t stop there. Lester introduced a great, new way for the community to assist with the services and programs of Waikiki Health Center. Along with our Board of Directors and his caring wife Marian, Lester is helping plan a fundraiser (see more details about the CRABaganza event on page 3).

Lester – We can’t thank you enough for all your support. Mahalo!

See Lester, other members of our board of directors, and our leadership team at www.waikikihc.org/leaders

Thinking Ahead (continued from page 1)

because of insurance."

Without regular care, oral health problems can’t be detected when early treatment is possible. At that point, something that was preventable leads to more serious issues: suffering, emergency care, missed days of school or work, and health concerns.

Children, especially disadvantaged and minority populations, are at greatest risk because they aren’t receiving proper oral treatment. This disparity was written about in the Surgeon General’s report Oral Health in America, published over ten years ago. Yet today, vulnerable populations still don’t have adequate access to dental services.

“We won’t let this problem go unanswered another ten years; not even one more year,” Sheila explains. Given the opportunity, we can and will do better. We will provide care, regardless of ability to pay or insurance, because that’s our mission. We’re developing plans to improve oral health care for the community. As we advance, you’ll be a critical part in making healthy smiles a reality for those in need.

How to Help

DONATE ITEMS NEEDED BY OUR YO HOMELESS YOUTH
Our Youth Outreach (YO) Program provides services to homeless youth. The YO kids are most often in need of these items:
1. Back packs
2. Athletic socks
3. Deodorant
4. Disposable razors
5. Boxer shorts

Find out more online: waikikihc.org/homeless

How to Help

SEND YOUR SUPPORT
Help provide accessible, affordable health care to those in need. Mail this completed form with your donation.
Donations may also be made through our website: waikikihc.org/donation

How to Help

EAT CRAB FOR A CAUSE
Attend the CRABaganza event and help raise funds for a new dental clinic. It will be a night of feasting and fun!

To find out when tickets are available for purchase, provide your contact information by completing the form on page 4.

CRABaganza!

Join us for an all-you-can-eat Dungeness crab dinner, with silent and live auctions! Your support will help establish a new dental clinic at Waikiki Health Center.

Updates will be posted on our website and Facebook page.

Bookmark www.waikikihc.org
OR
Like us at www.facebook.com/waikikihc

To donate by credit card, please complete the following:

Name ____________________________

Address ____________________________________________________________________________

City___________________________________________State__________  Zip __________________

Phone Number__________________________Email ______________________________________

Signature __________________________________________________________________________

Please make check payable to Waikiki Health Center.
Mail to: Waikiki Health Center, 277 Ohua Avenue, Honolulu, HI 96815.
Thinking Ahead (continued from page 1)

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Donations may also be made through our website: waikikihc.org/donation

I support Waikiki Health Center. Enclosed is my gift in the amount of:

- $250
- $100
- $50
- $25
- $ Other: ____________________

Name ______________________________________________________________________________
Address ____________________________________________________________________________
City___________________________________________State__________  Zip __________________
Phone Number__________________________Email ______________________________________

To donate by credit card, please complete the following:

Card No. _________________________________________________________Exp. Date ________
Name on Card ______________________________________________________________________
Signature __________________________________________________________________________

Please make check payable to Waikiki Health Center.
Mail to: Waikiki Health Center, 277 Ohua Avenue, Honolulu, HI 96815.
Missed Services, Lost Opportunities
Accessibility limits patients in need of care

Patients are turning to Waikiki Health Center for more services at more locations than ever before. Your support helped us reach this level of integrated health care. We're excited, but concerned as well.

A widespread approach enables more communities to benefit from the services we provide. Yet we’ve realized some patients face a serious issue: accessibility. They’re missing out on quality services, because they have difficulty traveling. Had we not found her on the streets or returned to provide transportation for her appointment, Cidney probably never would have received care.

Another patient, Adrenia, is grateful for the medical care and support she received that helped her get back on her feet, “I am alive and well thanks to Waikiki Health Center and the PATH Clinic.”

Yet we see an opportunity amid this problem. We can help patients by offering transportation. This will require the purchase of two mini-vans, additional salaries for staff to transport patients to their appointments, and funding for ongoing expenses, such as gasoline and maintenance.

Without you, Waikiki Health Center couldn’t have reached our current level of comprehensive care. But we can’t stop growing yet. Together, we can ensure everyone has access to quality care.

Accessibility: They’re missing out on quality services, because they have difficulty with transportation.

How to Help
GIVE TO SUSTAIN SERVICES
Help patients reach the health care they need. Become a participant in our monthly giving program. Your commitment will help sustain our transportation program.

Provide gift information in the interest form below to start making your monthly donation.
Or call our Marketing & Development department to sign up today: (808) 922-4788

How to Help
KEEP IN TOUCH
Stay committed through ongoing support by becoming a volunteer, monthly donor, or CRABaganza attendee. Mail this completed form.

See Cidney’s letter:
www.waikikihc.org/stories

Big Impacts (continued from page 1)
adoption. Because they don’t want to face humiliation at a doctor’s office, they end up missing out on important prenatal care.

Fortunately, women like Cidney don’t have to face judgment at the PATH Clinic. We - with your support - help ensure expectant mothers and children of all ages receive compassionate, ongoing healthcare services.

Cidney is grateful for the medical care and support she received that helped her get back on her feet, “I am alive and well thanks to Waikiki Health Center and the PATH Clinic.”

Cidney and Adrenia are now living at the Kaimuki Salvation Army Campus, where the PATH Clinic is located, and they both receive regular care. Cidney feels positive about the future for her and Adrenia, “I am so very grateful for this program, Waikiki Health Center and the PATH Clinic. If not for their staff and volunteers, my daughter and I would not be healthy and together today.”

We were able to help Adrenia and Cidney, thanks to the support we receive from understanding donors like you. The healthcare services we provide at the PATH Clinic help families stay healthy together, expectant mothers receive compassionate care, and mothers and fathers become confident, informed parents.

A mini-van, similar to those used during Care-A-Van's outreach (featured in the photo), will help patients obtain services.

Meet our Pediatrician!
Teresa Vo, DO, FAAP
Teresa was born and raised in the Kaimuki area, where our PATH Clinic is located.

How to Help
REGISTER TO VOTE
Everyone has the power to protect health care and America’s health centers. If you haven’t yet, register to vote - your voice matters! Forms are available at all our sites, in multiple languages.

For clients experiencing homelessness, Care-A-Van offers mail services, including an address that can be used on voter registration forms.

Community Health Vote is a nonpartisan, nonprofit initiative of the National Association of Community Health Centers.
Missed Services, Lost Opportunities
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A widespread approach enables more communities to benefit from the services we provide. Yet we’ve realized some patients face a serious issue: accessibility. They’re missing out on quality services, because they have difficulty traveling. Had we not found her on the streets or returned to provide transportation for her appointment, Cidney probably never would have received prenatal care (read Cidney’s story in “Making Big Impacts” on page 1).

Our patients shouldn’t be concerned with securing transportation to reach an appointment; they should be focusing on getting well and receiving services that enable self-sufficiency.

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A Special Mahalo to MC&A, Inc.!
A group of 120 volunteers from event planning company MC&A, Inc. recently spent the day helping at the Next Step Project homeless shelter.

They not only cleaned up the shelter and gave it some fresh paint, but donated food items and installed an aquaponics garden that will produce vegetables and fish.

“How not for their staff and volunteers, my daughter and I would not be healthy and together today.”
- Cidney, a patient of Waikiki Health Center

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Cidney’s apprehension is shared by other pregnant women who are too quickly judged and mistreated for their struggles with homelessness or addiction. Help ensure services will be provided to those in need for another 45 years by signing up to be a monthly donor. Complete the interest form on page 4 or call us at (808) 922-4788.

Voice your vote - Register to vote, and take an active part in protecting America’s health centers. Voter registration forms are available at our clinics and sites, in multiple languages.

Save a stamp - Donate online through the secure form on our website: waikikihc.org/donation.