



People Care

Volume XVIII, Issue 3 • Winter 2011
WAIKIKI HEALTH CENTER'S NEWSLETTER

Taking Steps to Empower Clients

Homeless shelter expands under our new management

A college graduate with a master's degree, a father holding multiple jobs to move his family into permanent housing, a grandmother who worked all her life ... you may not think of these people and imagine someone who is homeless. But these are the types of people who are turning to us in need.

They are finding themselves in a situation they never imagined they would be in – they're without a place to call home. They're forced to spend their nights on the streets because of foreclosure, unemployment, disabilities and other simple, yet catastrophic, circumstances that have become a part of their lives.

About 200 people find shelter with us at Next Step Project in Kaka'ako. They also receive access to medical referrals and social services that can help them get back on their feet. They benefit from shower and laundry facilities, a computer lab, and a study area. Meals are provided and they are offered assistance with housing, job placement and job training.

Because of you, the graduate can get started in a new career. The father was able to build up his savings and buy his house back out of foreclosure. The grandmother is focusing on her behavioral health, getting her life back in order and receiving assistance so she can move into transitional housing. And

continued on page 4

Helping Families Grow Healthy Together

Primary and pediatric services are added at the PATH Clinic

Moms learn how to make healthy choices for themselves and their families at the PATH Clinic. Services are provided in a comfortable setting, free from judgment and supportive of each woman's unique path from pregnancy to capable parenting. The clinic focuses on providing obstetrics/gynecological care and social services to pregnant and parenting women with addictions. Their success is our motive for providing services with compassion and respect.

But what happens when a mom, newborn or child is sick or in need of general medical care?

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How to Help

CREATE A HOME

When clients leave the shelter, they need basic supplies to start establishing their home.

Donate household goods (towels, sheets, etc.), canned food items and clothing to help clients while they are staying in the shelter and when they move out on their own.

Drop off donations at our Care-A-Van drop-in center:

3020 Waiālae Avenue
Honolulu, HI 96816
(808) 922-4790



How to Help

MAKE MEMORIES LAST

Baby photos make fond memories that can be saved and shared. Let the mothers of PATH Clinic create lasting memories by donating scrap books and extra pages.

Contact the PATH Clinic for drop-off information:

845 22nd Avenue
Honolulu, HI 96816
(808) 791-9390

Find out what else is needed for the families of the PATH Clinic: waikihc.org/wishlists.



Helping Families

(continued from page 1)

They would need to seek care at another Waikiki Health Center clinic or medical practice in the community, which can be intimidating for many of the moms. They hesitate to explain their addictions to medical providers. They don't want to be subjected to harsh criticisms or face the possibility of having their children taken away. But if they don't get the care they need, the mother and child are at risk of developing serious health issues that could have been addressed earlier.

We have the solution! Our patients, their children and their partners will be able to receive quality primary medical care and pediatric services at the clinic with staff they've come to trust. In early 2012, a

pediatrician and primary medical care provider will join the clinic staff.

Immunizations, well-baby visits and general medical care for the entire family will be available to all PATH Clinic patients. These additions are possible thanks in part to support from the Chamber of Commerce of Hawaii's Public Health Fund and the Atherton Family Foundation.

We're grateful for your ongoing support as well. Together we're caring for expectant mothers and able to extend compassionate, quality care to their babies and children. Mahalo for helping raise healthy, devoted families in our community.

"The best medical care I have received. . . genuinely caring and compassionate."

- Ohua Clinic patient

Meet Phyllis

- BOARD OF DIRECTORS PRESIDENT
- BOARD MEMBER SINCE 2008
- DONOR SINCE 1997
- DIRECTOR OF GOVERNMENT RELATIONS, KAISER PERMANENTE HAWAII



With extensive medical and legislative experience, Phyllis Dendle understands the healthcare issues affecting Hawaii. She is committed to improving access to affordable healthcare for everyone. Phyllis knows that inadequate or delayed government funding affects our ability to provide services to those in need.

Phyllis uses her knowledge to help advance our organization. She provides inspiring leadership as the current president of our board of directors. As part of her strategic role, Phyllis assists in analyzing our funding so that we are not overly reliant on any one revenue source. This balance enhances our financial stability and ensures that we will be able to provide services for years to come.

We are grateful for her commitment and leadership.

Mahalo Phyllis!

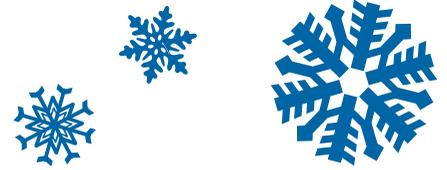
How to Help

GIVE WITH PROMISE

By becoming a monthly donor, you offer sustainability and reliable support for our patients.

Make your promise today. Call our Marketing & Development department at (808) 922-4788 or select the monthly gift option on your donation form (page 3).

Wishing you joy this holiday season and a happy, healthy new year.



As the year draws to a close, we reflect on challenges faced and all that was accomplished. Together, we helped thousands of families and friends in our community. We're grateful for your kokua this and every year.

On behalf of the patients, clients, staff and board of Waikiki Health Center...

Thank you for bringing comfort to those in need this season, and throughout the year!



How to Help

SHOW YOUR SUPPORT

Let us know you want to make a difference! Send this completed form with your donation or indicate, on the back, how you would like to help.

Donations may also be made through our website: waikikihc.org/donation

I support Waikiki Health Center with a gift in the amount of:

\$250 \$100 \$50 \$25 \$ Other: _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____ Email _____

To donate by credit card, please complete the following:

Card No. _____ Exp. Date _____

Name on Card _____

Signature _____

Please make check payable to Waikiki Health Center.
Mail to: Waikiki Health Center, 277 Ohua Avenue, Honolulu, HI 96815.

Taking Steps (continued from page 1)

hundreds of other families and individuals have been helped to transition out of homelessness.

We have big plans for Next Step. With your support, more lives will be impacted. Clients will benefit from programs such as professional development, resume writing, and computer proficiency. In 2012, Waikiki Health Center will offer expanded behavioral health and primary care at the shelter as well.

We look forward to helping the families, couples and individuals who find themselves at home – no matter how short the time – at Next Step. We appreciate that, with your support, we can provide these clients, of all ages, with a roof over their heads and the support they need to re-establish themselves. You're making a real difference in their lives.

Thank you for empowering our clients who are experiencing homelessness to get back on their feet. Together, we are helping them transition to independence and stability by offering long-term solutions.

More information about Healthcare for the Homeless:

- Services are provided across Oahu, using a Mobile Medical Unit (our "Clinic on Wheels") and medically-equipped vehicles, and at our two homeless outreach programs: Care-A-Van & Youth Outreach (YO).
- The Care-A-Van drop-in center is open six days a week and welcomes anyone experiencing or at-risk for homelessness. Clients are offered medical services, substance abuse counseling, behavioral health, job and shelter assistance, and mail, food, clothing and hygiene distribution.
- Open three afternoons weekly, the YO drop-in center provides services for homeless youth including a computer lab, GED preparation classes, group/peer counseling, recreational activities, hot meal service, and shower and laundry facilities .



How to Help

OFFER A FEAST

Meals are served daily at the Next Step Project and three times weekly at YO, each afternoon the drop-in center is open for homeless youths.

We always need families, groups, and restaurants to prepare or fund a meal.

To get involved, contact our Marketing & Development Department at (808) 922-4788.



How to Help

SHARE WITH US

We'd like to know your thoughts on how we're doing. Please complete this form, or submit your answers online: svy.mk/whc11

Your feedback is greatly appreciated!

I am a donor patient donor & patient of Waikiki Health Center.

I first learned about Waikiki Health Center from a:

- Family member/friend Newspaper article TV commercial
 TV news story Radio commercial Church/social group/organization
 Letter/postcard Other (please specify): _____

I share about Waikiki Health Center with my friends/family through:

- Face-to-face conversations Email
 Facebook Twitter: @WaikikiHealth
 Twitter: @LadyLatex Sharing this newsletter
 Forwarding news stories Other (please specify): _____

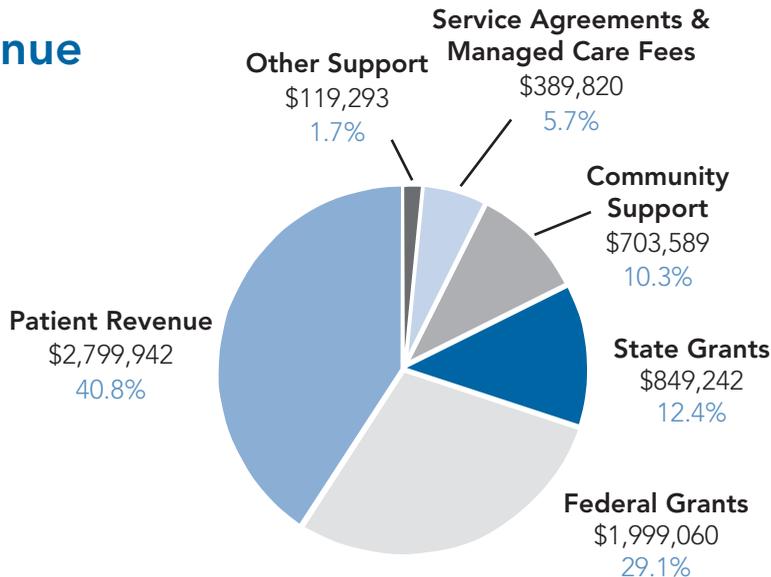
Do you have any additional feedback about our mission, communications, newsletter, or services?

Making an Impact, Year after Year

Your support helps sustain our services. Together, we're ensuring everyone in need receives quality care. Thank you for helping ensure that the impact we made last year can continue for years to come. Review our annual reports online to learn more about the impact we're making in the community: www.waikikihc.org/reports

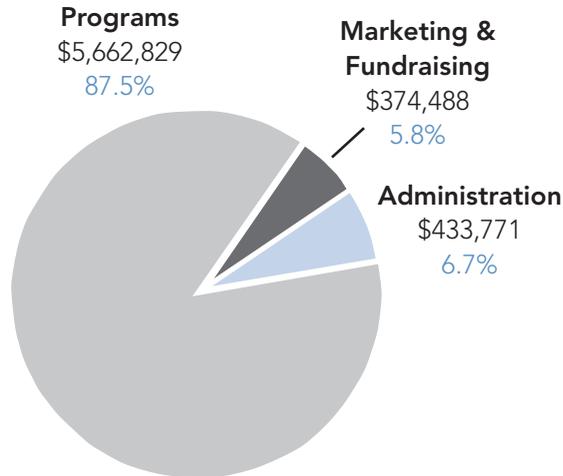
2010 Revenue

\$6,860,946



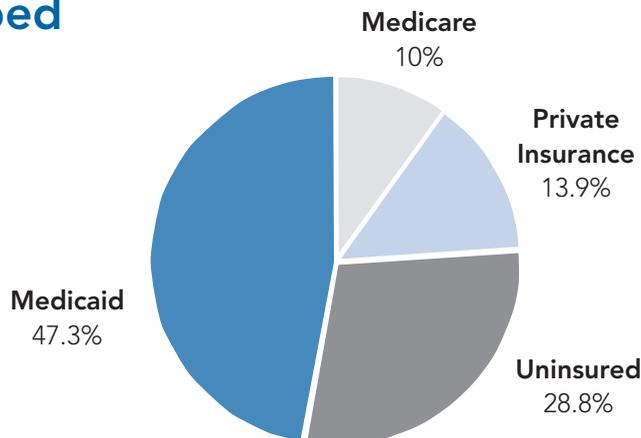
2010 Expenses

\$6,471,088



How We Helped

Medical Visits
by Insurance Type



How You Helped

5,733 patients visited us for services in 2010, of whom 34% were homeless.

4,653 clients were helped with 37,046 social services (such as transportation, language interpretation, disease management, and other assistance).

25,766 medical visits were provided last year, of which 94% were for patients with low incomes; 79% were for patients living at or below poverty level.



86%

of medical services were for underserved patients (those receiving publicly-funded or no insurance).

Homes, memories and meals. With two new locations, we need you now more than ever before.

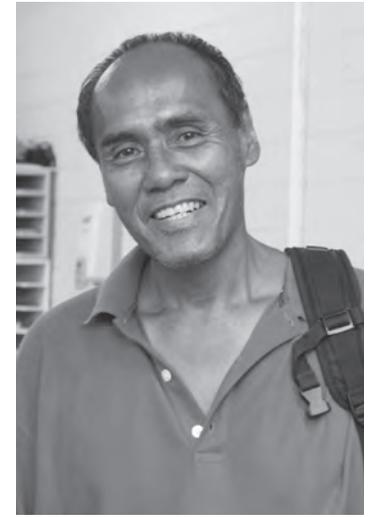
Together, we are meeting the health care needs of thousands across the island – from Waikiki to Haleiwa, from medical services to shelter, from keiki to kupuna. We can't express our gratitude enough. Learn more about how your donations have made a difference in this issue.

OR TRY HELPING IN ONE OF THESE WAYS!

Expand your ohana - Spend an hour or more with one of our Friendly Neighbors seniors. These clients, who live independently in Waikiki, ask for your companionship and basic assistance. To volunteer, call (808) 926-8032.

Give away your stuff - Donate gently-used clothing, books and toys to our homeless programs. Find out what is needed today: waikikihc.org/wishlists.

Save a stamp - Donate online through the secure form on our website: waikikihc.org/donation.



"You helped me keep my dignity. **You were there for me...** Because of all of you I am able to tell people that are new to homelessness to go to **Care-A-Van** and I list all the things **you can help** them with. You give people hope. **I am grateful.**"

- Care-A-Van Client

For more information about these or other ways to help, mail the completed form (see page 3) or contact our Marketing & Development Department by email (information@waikikihc.org) or phone (808-922-4788).



RETURN SERVICE REQUESTED

277 Ohua Avenue
Honolulu, Hawaii 96815-3695

WAIKIKI HEALTH CENTER
Compassionate Healing. Expert Care.

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